VALLEY RANCH TAEKWONDO

MONDAY

4:45pm Blue, Brown, & Red Belts Ages 10 & Younger

5:30pm White & Yellow Belts Ages 10 & Younger

6:00pm Orange Belts Ages 10 & Younger

6:30pm Green & Purple Belts Ages 10 & Younger

7:15pm All Black Belts

8:00pm Teens & Adults



.UESDA

4:45pm Orange Belts Ages 10 & Younger

5:15pm Green & Purple Belts Ages 10 & Younger

6:00pm Little Dragons

6:30pm White & Yellow Belts Ages 10 & Younger

7:00pm Family Class

7:00pm Teens & Adults

7:45pm All Black Belts

WEDNESDAY

5:00pm Orange Belts Ages 10 & Younger

5:30pm White & Yellow Belts Ages 10 & Younger

6:00pm Little Dragons

6:30pm Blue, Brown, & Red Belts Ages 10 & Younger

7:15pm All Black Belts

8:00pm Teens & Adults

HURSDAY

4:45pm White & Yellow Belts Ages 10 & Younger

5:15pm Green & Purple Belts Ages 10 & Younger

6:00pm Little Dragons

6:30pm Orange Belts Ages 10 & Younger

7:00pm Family Class

7:00pm Teens & Adults

7:45pm Blue, Brown, & Red Belts Ages 10 & Younger

FRIDAY

4:45pm Brown & Red Belts Ages 10 & Younger

4:45pm All Black Belts

5:30pm Green, Purple, & Blue Belts Ages 10 & Younger

GOALS

-Attend 2 classes/week

-Log attendance in the app every class

NOTES

-Juniors Classes are up to age 10

-Teen & Adult classes are White through Senior Red belts ages 11+

-Family classes are open to White through Senior Red belts but MUST be attended by 2+ members of the same family

-Effective 8/14/2024