



LEWISVILLE CLASS SCHEDULE



Monday

6:30 AM - BJJ All Levels

12:00 PM - Advanced

4:30 PM - BJJ Kids 3-6yo

5:15 PM - BJJ Youth 7-12yo

6:00 PM - BJJ Women's Only

7:00 PM - BJJ All Levels

Tuesday

10:00 AM - BJJ Homeschool Kids

12:00 PM - BJJ All Levels

5:00 PM - BJJ Kids 3-6yo

5:45 PM - BJJ Youth 7-12yo

6:30 PM - BJJ Advanced

7:30 PM - BJJ All Levels

8:30 PM - Muay-Thai All Levels

Wednesday

6:30 AM - BJJ All Levels

12:00 PM - BJJ Advanced

4:30 PM - BJJ Kids 3-6yo

5:15 PM - BJJ Youth 7-12yo

6:00 PM - BJJ Women's Only

7:00 PM - BJJ All Levels

Thursday

12:00 PM - BJJ All Levels

5:00 PM - BJJ Kids 3-6yo

5:45 PM - BJJ Youth 7-12yo

6:30 PM - BJJ Advanced

7:30 PM - BJJ All Levels

8:30 PM - Muay-Thai All Levels

Friday

6:30 AM - BJJ No-Gi

12:00 PM - BJJ No-Gi

5:00 PM - BJJ Kids Comp Class

6:00 PM - BJJ No-Gi

Saturday

9:00 AM - Muay-Thai All Levels

10:00 AM - BJJ Kids All Ages No-Gi

11:00 AM - Open Mat

3964 State Hwy 121, Suite 750, Lewisville TX 75056