

# Class Schedule

To help with busy school schedules, we are continuing to offer “overlapping classes” on some days. **That helps you get more training and 2 class credits with one visit.**

We want students to participate an average of 2 classes/week. Jrs students may participate in UP TO 3 classes a week. Teen/Adult students may participate in all their class options.

It's helpful to decide your schedule for the next week before Monday, though we do expect families to also “play hooky” once in awhile and to take vacations.



Indicates a class that overlaps into the next class by at least 15 minutes, and you are NOT REQUIRED to stay for the overlap time

# IMPORTANT DETAILS

Going out of town? You can still participate in your class via Zoom

•Appropriate HTA uniform is required for class•

EVERY STUDENT MUST BRING A FULL WATER BOTTLE (plain water only) TO EVERY CLASS! The ONLY exception is those who are currently fasting and not permitted to consume water.

Students should stay home if they are ill, contagious or overly tired. *Healthy, well-rested students have more energy & focus, are better prepared to learn, and have way more fun in class!*

HILLIARD TAEKWONDO



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MATCH YOUR BELT TO THE COLOR BLOCKS IN THE CLASS DAYS/TIMES :

After testing, your age and new belt rank may change the class days/times you may choose from.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:30	<b>4:30 Black Belt Jrs Name on Belt</b> 1st Dec - 2nd Dec BB 1 <sup>st</sup> Dec   -   2 <sup>nd</sup> Dec	<b>4:30 Orange - Sr Green Jrs, age 6-12</b> 	<b>4:30 Brown-Rec BB Jrs</b> 	<b>4:30 Red-Rec BB Jrs, age 6-12</b> 	<b>4:30 White- Orange Belts Jrs &amp; New students, age 6-12</b> 
4:45					
5:00	<b>5:15 White- Orange Belt Jrs &amp; New students, age 6-12</b> 	<b>5:15 Dragons &amp; Ninjas age 4 &amp; 5</b> 2 days a week program T & Th	<b>5:15 Black Belt Jrs Name on Belt</b> 1st Dec - 2nd Dec BB 1 <sup>st</sup> Dec   -   2 <sup>nd</sup> Dec	<b>5:15 Dragons &amp; Ninjas age 4 &amp; 5</b> 2 days a week program T & Th	<b>5:15 Blue Belt - Rec BB Jrs</b> 
5:15					
5:30	<b>6:00 Sr Orange-Sr Purple Jrs, age 6-12</b> 	<b>6:00 Blue-Sr Red Jrs, age 6-12</b> 	<b>6:00 Green-Sr Blue Jrs, age 6-12</b> 	<b>6:00 White- Sr Orange Belts Jrs &amp; New students, age 6-12</b> 	<b>6:00 Sr Orange-Sr Purp. Jrs, age 6-12</b> 
5:45					
6:00	<b>6:45 Blue Belt - Rec BB Jrs</b> 	<b>6:45 Black Belt Jrs Prob - 2<sup>nd</sup> Dec BB</b> 	<b>6:45 White- Sr Orange Belt Jrs &amp; New students, age 6-12</b> 	<b>6:45 Purple-Sr Brown Jrs, age 6-12</b> 	<b>6:45 Combined Class of 1st Dec BB+ Jrs AND TEENS Age 11-17 all ranks 60-minute class</b>
6:15					
6:30	<b>7:30 Teen/Adult All Ranks &amp; Jrs 2nd Sr BB 60-minute class</b>	<b>7:30 Teen/Adult All Ranks &amp; Jrs 2nd Sr BB 60-minute class</b>	<b>7:30 Teen/Adult All Ranks &amp; Jrs 2nd Sr BB 60-minute class</b>	<b>7:30 Teen/Adult All Ranks &amp; Jrs 2nd Sr BB 60-minute class</b>	
6:45					
6:45					
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