



# PILATES REFORMER CLASS SCHEDULE

Pre-registration is required for all classes. ▶ denotes a virtual class.  
Schedule is subject to change.

Monday	10:30am 11:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Nadene Nadene Jenny
Tuesday	9:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class	Beth Beth
Wednesday	7:30am 9:30am 10:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Rachel Marcy Rachel Nadene
Thursday	8:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Ericka
Friday	8:30am 9:30am 11:30am	▶ Virtual Foam Roller Pilates Reformer Group Class ▶ Virtual Mat Pilates	Rachel Beth Rachel
Saturday	9:30am 10:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Jenny



## Booking made simple.

Download the  
**MINDBODY** App to easily  
check our schedule and  
book your next class!



### Pilates Class Policies:

Our studio reserves the right to change/cancel class. Minimum class size is 2; maximum is 6. Client cancellations with less than 24hrs notice will be charged for the missed class.



# PILATES REFORMER CLASSES

Build stronger, leaner muscles and tone your core with Pilates Reformer!



## GET STARTED \* Special

Includes:

- 60-min. Private Session
- 3 Pilates Reformer Classes

\*For new Reformer clients. Limit one.

# \$99

### Pilates Reformer Class Pricing

1 Class	\$30
4 Pack	\$99
8 Pack	\$199

27 Classes/\$320 month: Ask about our Premium Pkg!