



# House of Dragons

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281-763-0017

## CLASS SCHEDULE

### Koi Fish (3-4 year olds)

<u>Thursday</u>	<u>Friday</u>
10-10:30am	5:15-5:45pm

### Little Dragons (4-6 year olds)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
5-5:30pm	5-5:30pm	5-5:30pm	5-5:30pm

### Young Warriors (7-12 year olds)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Competition Team</u>
5:45-6:30pm	5:45-6:30pm	5:45-6:30pm	5:45-6:30pm	5:45-6:30pm

### Adults (13+)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
6:30-7:30pm Striking	6:30-7:30pm Muay Thai	6:30-7:30pm Boxing	6:30-7:30pm Muay Thai	6:30-7:30pm Striking
7:30-8:30pm Striking	7:30-8:30pm Adv. Muay Thai	7:30-8:30pm MMA	7:30-8:30pm Adv. Muay Thai	7:30-8:30pm Sparring

**Competition Team** - this class is open to our kids competition team and advanced rank students.

**Sparring** - open only to our advanced level adult students, Sensei Will will evaluate you during normal class times and invite you to Sparring.