

November **TEAM K2 KARATE 281-814-8823**

YouTube: myteamk2karate

Belt Test next month for students with all stripes white to blue / DATE TBA

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 CLOSED
3	4 NEW TIMES START KATA	5 BLOCKS & SELD- DEFENSE	6 BLOCKS & SPARRING DRILLS	7 BLOCKS & SPARRING DRILLS	8	9 10:30 Weapons 11:30 Stripe Test
10	11 HAND STRIKES & SELD- DEFENSE	12 KATA Stripe Test WHITE TO BLUE ANY COLOR	13 PUMP KICKS & SPARRING DRILLS	14 PUMP KICKS & SPARRING DRILLS	15	16 CLOSED
17	18 KICKS & JUMPING OR SPINNING	19 KICKS & JUMPING OR SPINNING	20 DEFENSIVE SPARRING DRILLS	21 DEFENSIVE SPARRING DRILLS	22	23 CLOSED
24	25 KATA & BLOCKS	26 KATA PUMP KICKS FOR LITTLE KICKERS 7:30PM CLASS TAKE DOWNS	27 SPARRING DRILLS Stripe Test WHITE TO BLUE ANY COLOR	28 CLOSED	29	30 CLOSED