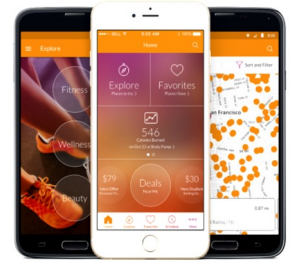




# PILATES REFORMER CLASS SCHEDULE

Pre-registration is required for all classes. ► denotes a virtual class.  
Schedule is subject to change.

Monday	10:30am 11:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Nadene Nadene Jenny
Wednesday	7:30am 9:30am 10:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class Pilates Reformer Group Class	Rachel Marcy Rachel Nadene
Thursday	8:30am 6:30pm	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Ericka
Friday	8:30am 11:30am	► Virtual Foam Roller ► Virtual Mat Pilates	Rachel Rachel
Saturday	9:30am 10:30am	Pilates Reformer Group Class Pilates Reformer Group Class	Ericka Jenny



## Booking made simple.

Download the **MINDBODY** App to easily check our schedule and book your next class!



### Pilates Class Policies:

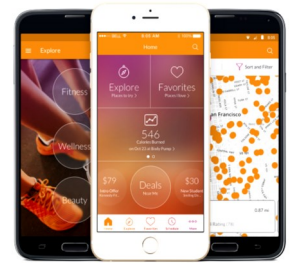
Our studio reserves the right to change/cancel class. Minimum class size is 2; maximum is 6. Client cancellations with less than 24hrs notice will be charged for the missed class.



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Build stronger, leaner muscles and tone your core with Pilates Reformer!



## GET STARTED \* Special

\$99

**Includes:**

**60-min. Private Session  
3 Pilates Reformer Classes**

\*For new Reformer clients. Limit one.

### Pilates Reformer Class Pricing

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8 Pack	\$199

27 Classes/\$320 month: Ask about our Premium Pkg!

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