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Schedule as of April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>KORE</b> <small>BUSHIDO FOR LIFE</small>	<b>12:00-1:00</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Kurt)	 <b>KORE</b> <small>BUSHIDO FOR LIFE</small>	<b>12:00-1:00</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Kurt)		<b>9:15-10:15</b> <b>Muay Thai</b> (Tom)
<b>5:00-5:45</b> <b>Kids Jiu-Jitsu</b> (Ryan)	<b>5:00-5:45</b> <b>Kids Muay Thai</b> (Tom)	<b>5:00-5:45</b> <b>Kids Jiu-Jitsu</b> (Ryan)	<b>5:00-5:45</b> <b>Kids Muay Thai</b> (Tom)		<b>10:30-12</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Kurt)
	<b>6:15-7:15</b> <b>Muay Thai</b> (Tom)		<b>6:15-7:15</b> <b>Muay Thai</b> (Tom)	<b>6:00-7:00</b> <b>Comp Training</b> (Kurt)	
<b>6:15-7:15</b> <b>Adult Muay Thai Fundamentals</b> (Trav)	<b>7:30-9:00</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Steve)	<b>6:30-7:30</b> <b>Adult Jiu-Jitsu Fundamentals</b> <b>No-Gi</b> (Steve)	<b>7:30-9:00</b> <b>Adult Jiu-Jitsu Gi</b> (Trav)	<b>7:15-8:15</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Steve)	<b>Sunday</b> <b>9:00-10:00</b> <b>Muay Thai</b> (Dave)
<b>7:30-9:00</b> <b>Adult Jiu-Jitsu Gi</b> (Trav)		<b>7:45-8:45</b> <b>Open Mat</b> (Steve)	 <b>KORE</b> <small>BUSHIDO FOR LIFE</small>		<b>10:15-11:45</b> <b>Adult Jiu-Jitsu</b> <b>No-Gi</b> (Ryan)