

Class Schedule

We want students to participate an average of 2 classes/week.
 Jrs students may participate in UP TO 3 classes a week.
 Teen/Adult students may participate in all their class options.

Junior Program students who are 11-12 and are also the tallest in their Junior Program class may want to talk with Ms. Thompson about trying the Teen/Adult program

It's helpful to decide your schedule for the next week before Monday, though we do expect families to also "play hooky" once in awhile and to take vacations.

Holidays may impact the class schedule, and the adjusted schedule may be on the calendar so it is important to double check BOTH the class schedule and the current calendar.

IMPORTANT DETAILS

Going out of town? You can still participate in your class via Zoom if you let us know

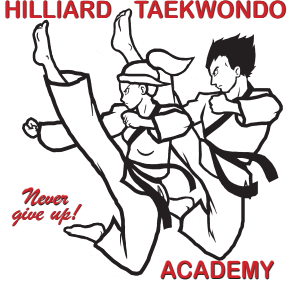
•Appropriate HTA uniform is required for class•

EVERY STUDENT MUST BRING A **FULL WATER BOTTLE (plain water only)** TO EVERY CLASS! The ONLY exception is those who are currently fasting and not permitted to consume water.

Students should stay home if they are ill, contagious or overly tired.
Healthy, well-rested students have more energy & focus, are better prepared to learn, and have way more fun in class!

MATCH YOUR BELT TO THE COLOR BLOCKS IN THE CLASS DAYS/TIMES :
 After testing, your age and new belt rank may change the class days/times you may choose from.

HILLIARD TAEKWONDO



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:30	4:30 Black Belt Jrs Name on Belt 1st Dec - 2nd Dec BB 	4:30 Orange - Sr Green Jrs, age 6-12 	4:30 Brown-Rec BB Jrs 	4:30 Red-Rec BB Jrs, age 6-12 	4:30 White- Orange Belts Jrs & New students, age 6-12
4:45					
5:00	1st Dec - 2nd Dec				
5:15	5:15 White- Orange Belt Jrs & New students, age 6-12 	5:15 Dragons & Ninjas age 4 & 5 2 days a week program T & Th	5:15 Black Belt Jrs Name on Belt 1st Dec - 2nd Dec BB 	5:15 Dragons & Ninjas age 4 & 5 2 days a week program T & Th	5:15 Blue Belt - Rec BB Jrs
5:30					
5:45					
6:00	6:00 Sr Orange-Sr Purple Jrs, age 6-12 	6:00 Blue-Sr Red Jrs, age 6-12 	6:00 Green-Sr Blue Jrs, age 6-12 	6:00 White- Sr Orange Belts Jrs & New students, age 6-12 	6:00 Sr Orange-Sr Purp. Jrs, age 6-12
6:15					
6:30					
6:45	6:45 Blue Belt - Rec BB Jrs 	6:45 Black Belt Jrs Prob - 2nd Dec BB 	6:45 White- Sr Orange Belt Jrs & New students, age 6-12 	6:45 Purple-Sr Brown Jrs, age 6-12 	6:45 Combined Class of 1st Dec BB+ Jrs AND TEENS Age 11-17 all ranks 60-minute class
7:00					
7:15					
7:30	7:30 Teen/Adult All Ranks & Jrs 2nd Sr BB 60-minute class	7:30 Teen/Adult All Ranks & Jrs 2nd Sr BB 60-minute class	7:30 Teen/Adult All Ranks & Jrs 2nd Sr BB 60-minute class	7:30 Teen/Adult All Ranks & Jrs 2nd Sr BB 60-minute class	
7:45					
8:00					
8:15					
8:30					