EXCEL Martial Arts
a division of LCMA, inc.

Mansfield Class Schedule

397 Oakland Street, Mansfield, MA 02048
508-339-5757 info@excelkarate.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
	8:30-10:00 AM Adult AM Class (all ranks)			8:30-10:00 AM Adult AM Class (all ranks)	
	4:30-5:00 PM Beginners– Ages 3-6 (Little Ninjas)	4:30-5:00 PM Beginners– Ages 3-6 (Little Ninjas)	4:30-5:00 PM Beginners– Ages 3-6 (Little Ninjas)	10:00-11:00 AM Tai Chi (adult class)	9:00-9:45 AM Beginners Class (White-Orange)
	5:00-5:45 PM Beginners Class (White-Orange)	5:00-5:45 PM Youth Classes (Ages 7-10)	5:00-5:45 PM Beginners Class (White-Orange)		9:45-10:30 AM Intermediate Class (Orange-Purple)
Private Sessions Available (by request only)	5:45-6:30 PM Intermediate Class (Orange– Purple)	5:45-6:30 PM Youth Classes (Ages 11-15)	5:45-6:30 PM Intermediate Class (Orange– Purple)	Private Sessions Available (by request only)	10:30-11:15 AM Advanced Class (Blue- Brown)
	6:30-7:15 PM Advanced Class (Blue- Brown)		6:30-7:15 PM Advanced Class (Blue- Brown)		11:15-12:00 PM Adult Class (All Ranks)
6:00-7:00 PM Tai Chi (adult class)	7:15-8:00 PM Adult Class (All Ranks)		7:15-8:15 PM Adv Black Belt (2nd Deg & higher)		

Class Schedule (as of 9/1/24)