

**Ladies Self Defense Seminar**  
Learn practical Self Defense  
in REAL life settings!



**STRENGTH, CONFIDENCE, AWARENESS AND FIGHTING BACK!**



**FIGHT BACK**  
**Don't be a victim...sign up today!**

\*Ages 13 +

\*Non-Refundable

**Saturday, MARCH 22<sup>ND</sup>**

**11:30 am - 1:30 pm**

**\$59 EARLY** Registration (with Coupon Code online)

**\$69 MARCH** Registration

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[www.kravmagaindy.com](http://www.kravmagaindy.com)