

# JULY 2025

### Happy Birthday!

7/04 Jack Emond Smith, Jacob Goode  
 7/08 Gino Jacovides  
 7/09 Chloe Collins  
 7/13 Damon Lee, Kierstin Lee  
 7/15 Valerie Alvizures, Nathan Dooley Jr.  
 7/17 Nathaniel Bird, Jonathan Cooper  
 7/20 Jayden Cruz  
 7/26 Byron Pinarreta  
 7/27 Ahry Correia  
 7/29 Eleanor Phillips, Teddy Costa, Emma Schmich

### IMPORTANT DATES

6/30-7/07: WE ARE CLOSED NO CLASSES FOR A WHOLE WEEK!

7/07: OUR SUMMER SCHEDULE BEGINS!

7/08: Class Outside! Wear Sneakers (Depending on the Weather)

7/09: BBC and Black Belts Seminar @5:45-6:30PM

7/10: Young Adults BBC and Black Belts Special Sparring Class @5:30-6:15PM

7/11: Class Outside! Wear Sneakers (Depending on the Weather)

7/14-7/18: Buddy Week For Tae Kwon Do

7/14 & 7/16: Buddy Days for Kickboxing and KRAV

7/21: FRESH FRUIT DAY! (We supply the fruit, do not bring in the fruit)

7/23-7/25: TIP TEST

7/28-7/29: PAST BLACK BELTS COME JOIN US FOR CLASS FOR FREE

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
School Closed for Vacation						
					Happy 4th of July!	
6 USA or Red or Blue T-Shirt Week SUMMER SCHEDULE STARTS ➡	7	8 Class Outside! Wear Sneakers (Depending on the Weather)	9 BBC & Black Belts Seminar @5:45-6:30PM	10 Y/A Black Belt Club & Black Belts Special Sparring Class @5:30-6:15PM	11 Class Outside! Wear Sneakers (Depending on the Weather)	12 CLOSED Qualify Run for Brown to Adv Brown @9:15AM
13 Lima's TKD T-Shirt Week	14 Buddy Day Soccer Game! Kickboxing With friends @6:30PM	15 Buddy Day Dodge Ball Game!	16 Buddy Day Frisbee Game! Kickboxing With friends @6:30PM	17 Buddy Day Flag Football	18 Buddy Day Noodle Tag	19 CLOSED
20 Full-Uniform Week	21 Fresh Fruit day! (We supply the fruit, do not bring in fruit)	22	23 TIP TEST Dragons/Rangers	24 TIP TEST Young Adults/Teens/Adults	25 TIP TEST	26 CLOSED
27 Street Clothes Week	28 Calling All Past Black Belt Students Come and Join Us During @7:30PM Class FOR FREE	29 Calling All Past Black Belt Students Come and Join Us During @6:30PM Class FOR FREE	30	31		

## AUGUST 2025

### Happy Birthday!

8/02 Lucinda Matos  
8/04 Braylee Bouressa  
8/11 Hendrix Pettey  
8/12 Maddalynn Robalo  
8/15 Stella Urban  
8/16 Anthony Joseph Riccio  
8/18 Mauro Delgado  
8/19 Emmett Thomas  
8/20 Ryan James  
8/22 Michael Santore  
8/27 Emsley Scott  
8/30 Zoey O'Connor

### IMPORTANT DATES

8/01: FIRST Boot Camp  
@6:30PM

8/04-8/05: WEAR A SPORT  
JERSEY!

8/08: Boot Camp @6:30PM

8/11-8/12: Super Soaker! Class  
Outside! Wear Sneakers  
(Depending on the Weather)  
Street Clothes

8/15: Boot Camp @6:30PM

8/19: Popsicle Day

8/20-8/22: TIP TEST

8/22: Boot Camp @6:30PM

8/25-8/26: Parents Coach Day!  
Dragons, Rangers & Y/A White-  
Advance Orange

8/29: NO CLASSES! Prize  
Drawing @5:00-6:00PM

8/29: Boot Camp @6:30PM

SUN	MON	TUE	WED	THU	FRI	SAT
Street Clothes Week					1 First Boot Camp @6:30PM	2 CLOSED
3 Lima's TKD T-Shirt Week	4 Wear A Sport Jersey	5 Wear A Sport Jersey	6 BBC & Black Belt Seminar @5:45-6:30PM	7	8 Boot Camp @6:30PM	9 CLOSED
10 Lima's TKD T-Shirt Week	11 Super Soaker! Class Outside! Wear Sneakers (Depending on the Weather) Street Clothes	12 Super Soaker! Class Outside! Wear Sneakers (Depending on the Weather) Street Clothes	13	14	15 Boot Camp @6:30PM	16 CLOSED
17 Full Uniform Week	18	19 POPSICLE DAY	20 TIP TEST Dragons & Rangers	21 TIP TEST Young Adults, Teens & Adults	22 TIP TEST Boot Camp @6:30PM	23 CLOSED
24 Neon Color T-Shirt Week	25 Parents Coach Day! Dragons, Rangers & Y/A White-Advance Orange	26 Parents Coach Day! Dragons, Rangers & Y/A White-Advance Orange	27	28	29 Prize Drawing @5:00-6:00PM NO CLASSES Boot Camp @6:30PM	30 CLOSED