## Summer & Fall Schedules

We want students to participate an **average** of 2 classes/week. Jrs students may participate in **UP TO 3** classes a week. Jrs with sparring gear may participate in up to 3 M-Th classes, **AND** also participate in their Friday Gear Up sparring fun class. Teen/Adult students may participate in all their class options.

Holidays, special events, belt testing may impact the schedule; double check the most current calendar.

Dragons/Ninjas: ages 4 & 5

Junior Program (Jrs): ages 6-12 Teen/Adult M-Th Classes: ages 13 - adults & all 2nd Deg Sr BB SUMMER SCHEDULE: June 9 - Aug 8, 2025 • FALL SCHEDULE: Begins August 11th

## **IMPORTANT DETAILS**

Going out of town? You can still participate in your class via Zoom if you let us know •Appropriate HTA uniform is required for class•

BRING Your FULL WATER BOTTLE (plain water only)

Students should stay home if they are ill, contagious or overly tired. Healthy, well-rested students have more energy & focus, are better prepared to learn, and have way more fun in class!



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MATCH YOUR BELT TO THE COLOR BLOCKS IN THE CLASS DAYS/TIMES: After testing, your new belt rank (and/or age) may change your class options.

