



2025 Fall Schedule

Schedule Begins on *July 29th*!

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704.658.0544

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Tuesday:

4:20 – 4:50pm – 4/5 Year Old – All Belts **subject to split before winter*

5:00 – 5:40pm – 6-11 year old – Beginner to Yellow Belt

5:45 – 6:25pm – 6-11 year old – Green Stripe Belt and Up

6:30pm – Junior Leadership Meeting on the first Tuesday of each Month

6:45pm – Junior and Adult class [12 Years Old and Up]

7:45pm – Leadership Training on the first Tuesday of each month

Wednesday:

5:00 – 5:40pm – 6- 11 year olds – All Beginners through Yellow Belt

5:45 – 6:25pm – 6-11 year olds –Green Stripe Belt and Up

6:45 – 7:35pm – Junior and Adult class [12 Years Old and Up]

Thursday –

4:20 – 4:50pm – 4/5 year olds – All Beginners through Yellow Belt

5:00 – 5:40pm – 6- 11 year olds – All Beginners through Yellow Belt

Sparring and Forms Class – **Come in with equipment on!*

4/5 Year Olds – Green Stripe and Up – 5:45 – 6:15pm

6, 7 and 8 Year Olds – 5:45 – 6:30pm **speak with us about siblings*

9, 10, and 11 Year Olds –6:15 – 6:55pm

12 and up – 6:45 – 7:35pm

Saturday

9:30 -10:00am – Tigers - 2 year olds

10:10 – 10:40am -Tigers - 3 year olds

10:50 – 11:20am - 4/5 Year Olds – All Belts

SCHEDULES ARE SUBJECT TO CHANGE WITH NOTICE TO KEEP QUALITY HIGH!!!