

CFMAF TRAINING SCHEDULE

Monday	Beginner Class	3:45-4:25pm
Monday	Warriors (3-6 yr olds)	4:30-5:00pm
Monday	All Belts	5:05-5:45pm
Monday	Intermediate/Adv. Class	5:50-6:30pm
Monday	Warriors (3-6)	6:30-7pm (backroom)
Monday	<u>Adult</u> Streetwise	7-8:30pm
Tuesday	Intermediate Class	5-5:40pm
Tuesday	Warriors (3-6 yr olds)	5:50-6:20pm
Tuesday	Beginner Class	6:20-7:00pm
Tuesday	<u>Adult</u> Streetwise	7-8:30pm
Wednesday	Basic Self Defense Class	3:45-4:25pm
Wednesday	Warriors (3-6 yr olds)	4:30-5:00pm
Wednesday	BBC/MC Class	5:30-7:00pm
Wednesday	Adult Streetwise	7-8:30pm
Thursday	BBC/MC Class	3:45-5:15pm
Thursday	Basic Self Defense	5:30-6:10pm
Thursday	Warriors	6:15-6:45pm
Thursday	Adult Streetwise	7-8:30pm
Saturday	Warriors (3-6 yrs old)	8:30-9am
Saturday	All Belts Class	9-10am

This schedule provides an earlier class and a later class option for all of our programs. This allows for each student to be able to attend either an earlier or later class throughout the summer.