

**CONTINUE
THE ADVENTURE...**

NAME: _____

Homework assignment

If you wanted to create a focus space for reading, studying or doing homework. What would you circle what you would keep and put an X on what you would not have to make a focus space.



Phone



TV on



People talking



Video games on



Plant can be
calming



Loud music on



Door closed



Calming
background
noise/music

PLAY ALONG AND TRAIN YOUR OWN DOJO...

Parents use our chores/challenges management app. Your children earn game Kudos for doing chores/challenges at home.



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