



## CLASS SCHEDULE EFFECTIVE August 4, 2025

### MINI DRAGONS AND FEARLESS DRAGONS PROGRAMS

	MON	TUES	WED	THURS	FRI	SAT
<b>Mini Dragons (30 Min.)</b>	4:00PM	5:30PM	5:45PM	5:30PM	4:00PM	11:45AM
<b>Fearless Dragons (45 Min):</b> Instructor Approval Required to Attend	5:45PM	4:00PM	—	4:00PM	5:45PM	11:00AM

### YOUTH PROGRAM: 7-12yrs of Age

<b>Kids Fundamentals (30 Min.)</b> (White, Yellow, Orange Belts)	5:15PM	6:00PM	—	6:00PM	5:15PM	12:15PM
<b>Fearless Kids I (45 Min.)</b> (Green, Green I, Purple, Purple I, Blue Belts)	4:30PM	6:30PM	4:00PM (FK1/FK2 Combined)	—	6:30PM	12:45PM (FK1/FK2 Combined)
<b>Fearless Kids II (45 Min.)</b> (Blue I, Brown, Brown I, Red, Red Belts)	6:30PM	—	4:00PM (FK1/FK2 Combined)	6:30PM	4:30PM	12:45PM (FK1/FK2 Combined)
<b>Fearless Kids Elite (45 Min.)</b> (Red I, Red/Black, Black Belts and F.I.Ts)	—	4:45PM	6:15PM	4:45PM	—	9:30AM
<b>F.I.T. Leadership Workshop (45Min.)</b>	—	—	—	—	—	10:15AM

### TEEN / ADULT PROGRAM 13+yrs of Age

<b>Muay Thai/Kickboxing (60 Min.)</b>	8:00AM	—	8:00AM	—	8:00AM	8:30AM
	7:15PM	7:15PM	4:45PM & 7:00PM	7:15PM	—	—

### STUDENTS ARE EXPECTED TO:

1. Arrive 5-10 minutes prior to scheduled class. In uniform
2. Check in
3. Do not disturb the class in session.
4. Bow when walking in the floor (Sign of Respect)
5. Show effort and a 110% positive attitude in class.
6. Bring mandatory equipment for each class.
7. Keep uniforms neat, clean and odor-free.
8. Do NOT drop off more than 5-10 minutes early.



Fearless Martial Arts Academy • 3327 Castro Valley Blvd. Castro Valley, CA 94546

(510) 698-2922 • fearlessmartialarts.net • Revised 03.17.25