

10TH
ANNUAL

WCT

**CENTRAL
INVITATIONAL
GAMES**



GAME ON. WORLD CLASS.

10/18/25 @ 8AM - 5PM



New Century Fieldhouse

**551 New Century Pkwy
New Century, KS 66031**

INTERNATIONAL REFEREES PROVIDED

EVENTS:

**Blocks | Individual Form | Pair Form | Family/Team Form | Grassroots Sparring
World Class Sparring | Board Breaking | Demo Team Competition**

REGISTER BY 10/14/25



Hosted By: Master H C Kim's World Class Tae Kwon Do Center

Contact Us For More Info: info@overlandparktkd.com | (913) 800-0617 | (913) 808-5159

Register Online @: www.overlandparktkd.com/tournament

A NOTE FROM MASTER KIM...

Dear Competitors, Coaches, Families, and Friends,

It is with sincere joy and pride that I welcome you to the 2025 WCT Central Invitational Games. On behalf of our entire organizing committee, thank you for being part of this special event. Whether this is your first tournament or one of many, your presence here is what makes this experience meaningful.

This tournament is more than a competition—it's a celebration of our shared love for taekwondo. It brings together individuals from all walks of life, united by discipline, respect, and the pursuit of excellence. I am continually inspired by the dedication of our athletes, the guidance of our coaches, and the unwavering support from families and fans.

Above all, I encourage every one of you to carry the spirit of true martial arts into the ring: humility in victory, grace in defeat, and honor in every exchange. Let this event be a reminder that while skill can win matches, it is sportsmanship that builds champions—for life, not just for a day.

To our competitors: challenge yourselves, support each other, and represent your dojangs with pride and integrity. To our coaches and instructors: thank you for nurturing not just athletic ability, but strong character in your students. And to the families, volunteers, and supporters: your role is invaluable—you are the heartbeat of our taekwondo community.

None of this would be possible without the dedication and hard work of our staff, volunteers, referees, and generous sponsors. From the bottom of my heart, thank you.

Let's make this tournament a memorable one—full of respect, friendship, and powerful moments that remind us why we love this journey. I look forward to seeing each of you shine.

With deepest respect,



Master H. C. Kim
Tournament Chairman
2025 WCT Central Invitational Games



IMPORTANT EVENT INFO

Eligibility

- Students must be white belt and above to compete in blocks and board breaking, and yellow belt and above to compete in sparring and form.
- Competitors ages 4 and up of all belt ranks are welcome.
- Little Tigers may only compete in blocks and board breaking.
- Please see Competition Rules section for individual event eligibility requirements.

Registration

- **Early registration pricing** available for all competitors who register on or **before 10/05/25**.
- **Regular pricing** will be applied for all competitors registering **after 10/05/25**.
- **No applications will be accepted after 10/14/25**.
- Registration may be completed online, by mail, or in-person. Please see the registration form for details (online registration is preferred).

Competitor ID Cards

- Competitors will pick up their IDs at the venue during check-in.

Coaching / Board Holders

- Coaches are required for all sparring events.
- Many of the instructors will be responsible for officiating and directing the competition. As a result, competitors may be coached by their teammates, senior belts, and/or parents.
- Please note that coaches are not necessary during blocks, forms and breaking competition.

Spectators & Tickets

- Admission for families of Master HC Kim's World Class Tae Kwon Do Center and of guest schools is \$20 per person ages 4 and up.
- Spectators will not be allowed on the competition floor.



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IMPORTANT EVENT INFO (cont.)

Food

- No food is permitted within the competition area.
- Competitors may wish to bring their own healthy snacks.
- Water bottles are strongly encouraged.
- Concessions will be open and available for purchase at the venue as well.

Videos & Cameras

- Video and picture taking are allowed; however, they must be taken from the spectator and award stands area only.

Gear

- All competitors must wear clean, white uniforms.
- Black Belt competitors must wear clean, white uniforms with black trim.
- Grassroots & senior sparring competitors must provide their own gear (helmet, chest protector, arm guards, shin & in-step guards, mouth guards, gloves and groin cups).
- World Class Sparring Competitors must provide their own KP&P Socks.

Board Breaking

- All competitors will be responsible for purchasing their own boards
- (available at the tournament) and providing their own board holders for competition.
- Competitors 12 and under will use 1/2" boards (\$5).
- Competitors 13 and up will use 1" boards (\$6).
- Competitors performing jumping & turning techniques will use two 1/2".

Awards

- Most divisions will have 4 competitors.
- Divisions may be separated by age, belt, weight, and gender, as the tournament committee deems necessary for fair competition.
- There will be a 1st place (Gold), 2nd place (Silver) and multiple 3rd places (Bronze) awarded.
- Awards will be presented throughout the day as divisions are completed.



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SCHEDULE OF EVENTS

7:30AM	Doors Open & Check-In
8:00AM	Wave 1: Ages 10 & Up <ul style="list-style-type: none">• Individual Form / Blocks• Pair Form/ Team & Family Form• Board Breaking• Grassroots Sparring
10:00AM	Break
10:45AM	Opening Ceremonies & Demo Team Competition <ul style="list-style-type: none">• 3-on-3 Senior Sparring Matches
11:30AM	Wave 2: World Class Sparring <ul style="list-style-type: none">• Waves 2 and 3 will run concurrently
11:30AM	Wave 3: Ages 4 - 9 <ul style="list-style-type: none">• Individual Form• Blocks• Pair Form / Team & Family Form• Board Breaking

NOTE: Starting times for each particular event (blocks, forms, breaking, and sparring) and competitors' divisions will be announced during the tournament and are subject to change depending on the progression of previous events.



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TOURNAMENT LOCATION

New Century Fieldhouse
551 New Century Pkwy
New Century, KS 66031



TOURNAMENT OFFICIATING



The tournament will be officiated by a team of highly-skilled international referees.



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GENERAL COMPETITION RULES

The WORLD TAEKWONDO FEDERATION (WT) rules and regulations will govern this tournament for forms, breaking and sparring competitions. The organizing committee reserves the right to adopt changes as they deem necessary.

- Competitors will be grouped according to gender, age, weight and belt to the best of the committee's abilities.
- Individual awards will be given out for blocks, forms, breaking and sparring
 - One 1st Place
 - One 2nd Place
 - Multiple 3rd Place

BLOCK COMPETITION RULES

- Eligibility: Little Tigers and White Belt students of any age
- Official Techniques:
 - Non-Little Tiger White Belts: Full blocking combination
 - Little Tigers: Blocking combination associated with his/her rank or that of the rank below depending on when he/she last advanced
- Competitors will be judged based on a 10-point scale
 - Points are broken down into 4 different categories:
 - Accuracy (4 points)
 - Speed/Strength/Power (2 points)
 - Rhythm (2 points)
 - Expression/ Energy (2 points)



FORM COMPETITION RULES

- Eligibility
 - Individual Form
 - Yellow Belts & higher of any age (Competitors, 11 years or older, who have been competing for sports form must register as a sports form)
 - Pair Form/ Team & Family Form
 - Yellow Belts & higher of any age
 - Group must have at least 2 team members but no more than 6.
- Official Forms

Belt	Form
Yellow Belt / Green Stripe	Taeguk 1 or Taeguk 2
Green Belt / Blue Stripe	Taeguk 3 or Taeguk 4
Blue Belt / Red Stripe	Taeguk 5 or Taeguk 6
Red Belt / Black Stripe	Taeguk 7 or Taeguk 8
Double Black Stripe	Taeguk 7 or Taeguk 8
Black Belt / Poom Belt	Taeguk 8 or Koryo

- Competitors will be judged based on a 10-point scale.
 - Points are broken down into 4 different categories:
 - Accuracy (4 points)
 - Speed/Strength/Power (2 points)
 - Rhythm (2 points)
 - Expression/Energy (2 points)
 - The competitor/group with the most points will be awarded 1st place, next highest score will receive 2nd place and the remaining competitors/groups will receive 3rd place.
 - In the case of a tie for 1st place or 2nd place, the main judge will award an additional point to the competitor/group whose overall performance he/she deems stronger.



BOARD BREAKING COMPETITION RULES

- Eligibility: All belts and ages
- Official Techniques
 - Little Tigers, White Belts, and Color Belts: Any 3-7 hand or kicking techniques.
 - Black Belts: Any 3-7 hand or kicking techniques, including speed, tower, and line techniques.
- Board Sizes
 - Ages 12 & Under: ½" pine board
 - Ages 13 & higher: 1" pine board. Students may substitute a 1" pine board with 2 1/2" inch boards if a student is doing a higher risk technique.
- Competitors will be judged based on a 15-point scale.
 - Points are broken down into 3 different categories:
 - Accuracy (5 points)
 - Expression of Technique (5 points)
 - Intensity (5 points)
 - The competitor with the most points will be awarded 1st place, next highest score will receive 2nd place and the remaining competitors will receive 3rd place.
 - In the case of a tie for 1st place or 2nd place, the main judge will award an additional point to the competitor whose overall performance he/she deems stronger.



SPARRING COMPETITION RULES

- Eligibility
 - Grassroots: All Belts Ages 4-17 (excluding Little Tigers)
 - Senior: All Belts Ages 18 & Up
 - World Class: Black Belts Ages 12 & Up
- Contact
 - Full contact to the body
 - All Color Belts: No head contact permitted
 - Non-World Class Black Belts: **LIGHT CONTACT ONLY** to the head
 - World Class Black Belts: Full contact to the head
- Points
 - 1 Point for a valid punch to the chest protector
 - 2 points for a valid kick to the chest protector
 - 4 Points for a valid turning kick to the chest protector
 - 3 Points for a valid kick to the head
 - 5 Points for a valid turning kick to the head
 - 1 Point awarded for every 1 "Gam-jeom" given to the opponent
- Duration
 - Grassroots & Senior division matches will consist of two- 1-minute rounds with 30 seconds in between each round.
 - World Class Matches will consist of three- 1-minute rounds with 30 seconds in between each round.
- Format- 4 competitors per heat
 - Random seeding
 - Each heat will form randomly selected pairs for first two matches.
 - Single elimination
 - In the event of a tie, competitors will face off in a sudden death round. First competitor to get a point will win the match.
 - Winners of the first two matches will compete in the final match for 1st place.



3-ON-3 SPARRING MATCH GUIDELINES

- Team Composition
 - Each team consists of 3 members, all within the senior age division (typically ages 17-32)
 - All participants must hold a Black Belt and have experience in 8 or more World Class sparring matches
 - Team categories may include men's, women's, or co-ed teams depending on event organizer discretion
 - For this event, only male teams will participate
- Match Format (subject to final decision on event day)
 - Relay Format (Tag Team Style)
 - Each round is completed by a different athlete (e.g., Round 1 – Fighter A, Round 2 – Fighter B, etc.)
 - Substitution is allowed at the end of each round or within designated tag zones during round 2 & 3
 - The total match score is calculated by combining the performances of all 3 athletes
 - Round-Robin Format
 - Each athlete competes in an individual 1:1 bout against a member of the opposing teams
 - Example matchups: A1 vs B1, A2 vs B2, A3 vs B3
 - Team victory is determined by cumulative score or total individual match wins
 - Free Substitution Format
 - Athletes may be substituted freely during Round 2 and 3 with prior referee approval
 - Substitutions occur from the bench under time or condition constraints
 - The specific format will be confirmed on the day of the event
- Match Duration
 - Standard match format: 3 rounds of 1.5 to 2 minutes each
 - Depending on the event schedule, an alternate format may apply
 - Round 1: individual 1-minute bouts per athlete
 - Rounds 2 & 3: 3-minute tag format (relay or free substitution)
- Scoring & Victory Conditions
 - Match outcome will be determined by total team points or individual bout victories
 - In case of a tie, an additional Golden Round or referee decision will determine the winner
- Additional Regulations
 - All competitors must wear full protective gear
 - On-site medical staff will be available at all times
 - The pace and intensity of the match may be adjusted based on safety considerations for participants
- Awards & Prizes
 - Each athlete will receive an individual trophy
 - A cash prize of \$100 will be awarded to each participant on the winning team
- Entry Fee Information
 - Entry Fee: \$300 per team (due at online registration)

****This is an exhibition event and not a part of official WT competition structure***



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COMPETITION RULES & REGULATIONS

Modified rules of the WORLD TAEKWONDO FEDERATION (WT) will govern these Championships for the Gyorooigi and Traditional Poomse divisions.

WT OFFICIAL POOMSE - FORMS

The Poomse (Form) will consist of WT Official Poomse competition. The Poomse divisions will be divided by belt ranking, weight and sex. The Official Poomse for the competition will be those recognized by the WT.

GYOROOGI - FREE SPARRING

Each match will be single elimination. For Gyorooigi competition, the current rules and regulations are modified rules of the WT and will govern this event. Competition will be single elimination and will continue until a winner has been established. All competitors must bring their own safety gear including chest protector, headgear, shin/instep guards, forearm guards, protective cup, mouthpiece, and a standard white V-neck WT approved uniform in good condition. Black trim around the collar is allowed for black belts. NO equipment will be provided.



DEMONSTRATION COMPETITION RULES

- ALL of the Demonstration members (100%) must participate in the individual event(s).
- Masters are not allowed to be a demonstration team member.
- Up to 80 boards will be provided to teams - teams may NOT use boards other than those provided.
 - Music, sound effects, costumes, and props (non-weapons) can be chosen by the performers, but must be in good taste, family-friendly and appropriate for all ages.
 - Number of team members: a minimum of 8 and a maximum of 30 members
 - Technical Regulations
 - Poomse, breaking, and self-defense elements are required.
 - There will be NO weapons allowed in the Demonstration.
 - Performance time must not exceed 6 minutes.



SCORING

- Teams will be judged on a 40-point scale.
 - Points are broken down into 4 categories.
 - Originality/Creativity (10 points)
 - Execution of Technique (10 points)
 - Intensity/Energy (10 points)
 - Teamwork (10 points)
- Deductions:
 - Exceeding time limit:
 - Over 6 minutes - 3-point deduction
 - Over 6 minutes 30 seconds - 5-point deduction
 - Over 7 minutes - Disqualification
 - Missing Technical Requirements (Poomse, Breaking, Self-Defense)
 - 5- point deduction per missing requirement
- Using Weapons - Disqualification



Event Fees

Early Registration Pricing

paid on or before 10/05/25

Number of Events	Fee Amount
First Event	\$95
Additional Events	\$25

World Class Sparring & Sports Poomse \$120

Regular Pricing

paid after 10/05/25 and no later than 10/14/25

Number of Events	Fee Amount
First Event	\$110
Additional Events	\$35

World Class Sparring & Sports Poomse \$130

Demo Team

\$600

Fee includes up to 80 quarter inch boards - only boards provided may be used.

No Registrations Accepted After 10/14/25

Fees can be paid at time of registration, online, by mail, or in-person. Online is the preferred method of payment.



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