Family Martial Arts of Pelham

Class Schedule (Effective September 2025-June 2026)

Little Ninja's (ages 5 & 6)

Monday-5:00

Tuesday-5:15

Wednesday-5:50

Thursday 5:05

Friday-5:00

Saturday-9:30am

Little Dragon's

(4 year olds only)

Monday-5:00

Thursday-5:05

Adult Martial Arts

Monday through Thursday-7:15

Junior's (ages 7-10)

Monday:

4:20 (white, yellow, orange, purple, & blue belts)

5:30 (green, brown & black belts)

Tuesday:

4:20 (green, brown, & black belts)

5:45 (white, yellow, orange, purple & blue belts)

***Wednesday*:**

4:20 (white, yellow, orange, purple & blue belts)

5:05 (green, brown, & black belts)

Thursday

4:20 (green, brown, & black belts)

5:40 (white, yellow, orange, purple & blue belts)

Friday:

4:20 (green, brown & black belts)

5:30 (white, yellow, orange, purple & blue belts)

6:10 (green, brown, & black belts)

Saturday:

10:15am (all belt levels may attend)

Young Adult (ages 11 & up)

Monday@ 6:20 Wednesday@6:30 Friday@6:10

Junior Black Belt Only:

Thursday-6:30pm

Saturday-11:00

Find us on-line:

Familymartialartsofpelham.com

On Facebook

Family Martial Arts of Pelham

On Instagram

@Pelhammartialarts

On X

@FamilyMartialA2

E-mail

bsifu@me.com

Student Success Since 1992