Schedule starting Aug. 11, 2025

We want students to participate an average of 2 classes/week. Junior Program may participate in UP TO 3 classes a week.

Jrs with sparring gear may participate in up to 3 M-Th classes, **AND** also participate in their Friday Gear Up sparring fun class. Teen/Adult students may participate in all their class options.

Holidays, special events, belt testing may impact the schedule; double check the most current calendar.

Dragons/Ninjas: ages 4 & 5 **Junior Program (Jrs):** ages 6-12

Teen/Adult Classes: ages 13 - adults & all 2nd Deg Sr BB

IMPORTANT DETAILS

You can still participate in your class via Zoom if you let us know •Appropriate HTA uniform is required for class•

BRING Your FULL WATER BOTTLE (plain water only)

Students should stay home if they are ill, contagious or overly tired. Healthy, well-rested students have more energy & focus, are better prepared to learn, and have way more fun in class!

MATCH YOUR BELT TO THE COLOR BLOCKS IN THE CLASS DAYS/TIMES:

After testing, your new belt rank (and/or age) may change your class options.

Instructors & those training to become instructors; we have a 6:00 pm Friday class for you! Students needing extra help to earn stripes may schedule a private lesson for 4:30 pm Fridays



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