



Delaware Open Martial Arts Championship

April 26, 2026

DoubleTree Hotel, 700 N. King St., Wilmington, DE 19801

Doors Open: 8:00 AM | Black Belt Meeting: 9:00 AM | Tournament Begins: 9:30 AM

Registration & Admission

Competitor Pricing

- \$75 for one event, \$10 per additional event
- Day-of registration: \$80 for one event, \$15 per additional event

Spectator Pricing

- \$20 for all spectators
- Free for children age 2 and under

Notes:

- No refunds for missed divisions.
- Divisions may be combined as needed.
- Officials' decisions are final.

General Rules & Conduct

- Competitors must wear a clean, complete uniform (gi or team uniform) with belt properly tied.
- No jewelry or watches. Long hair must be tied back.
- Only judges, staff, and active competitors are allowed on the floor.
- Competitors and coaches must show respect and sportsmanship at all times.
- Failure to follow rules or display of poor conduct may result in disqualification.

Safety & Equipment

- All competitors must use approved protective gear.
- **Required:** Headgear, mouthguard, gloves, kicks, shin guards, and groin protector (all genders).
- **Face shields** are required for youth 15 & under.
- **Chest protectors** are recommended for all youth divisions.
- Equipment must be inspected before competition.

Fighting Divisions & Timing

- All matches: **2 minutes**
- **Under Belts under 12 years old :** First to 5 points wins
- **Under Belts 13 years old and over:** First to 7 points wins
- **Black Belts:** By time or mercy rule.
- **Ties:** Sudden-death point wins
- **Mercy Rule:** 10 point spread for Black belts (or 0 to 10 score).

Scoring

- Punch or body kick: **1 point**
- Kick to head: **2 points**
- Jumping or spinning head kick: **3 points**
- Sweep (controlled and followed by a valid strike): **1 point**



Legal Target Areas: Head, face, ribs, chest, abdomen, and collarbone.

Illegal Targets: Back, neck, throat, groin, legs, knees, and spine.

Non-Target Areas: Hips, arms, shoulders, and feet.

Penalties & Disqualifications

Progression: Warning → Minus 1 point → Minus 2 points → Disqualification

Causes for Penalty or DQ:

- Illegal or uncontrolled techniques
- Striking after “Stop” command
- Leaving ring to avoid contact
- Excessive contact or recklessness
- Unsportsmanlike behavior from competitor, coach, or spectator
- Delay of time or refusing to fight

Injury Rule:

If a competitor cannot continue due to an opponent’s illegal technique, the offending competitor is disqualified. If not caused by a foul, the uninjured competitor is awarded the match.

Coaching Guidelines

- One coach per competitor.
- Coaches must stay in the designated coach’s chair.
- No abusive or excessive shouting.
- Coaches may not enter the ring without permission.
- Violations by coaches can result in penalties for their competitor.

Forms & Weapons Divisions

- Once a division begins (first competitor bows in), no late entries are allowed.
- Under Belts may restart once after a mistake (no deduction).
- Black Belts may not restart after a mistake.
- All divisions scored 9.0–10.0 range.
- Bladed weapons must be inspected by a judge. Sharp weapons cannot touch the floor.
- If a competitor or weapon extends dangerously outside the ring boundary, judges may deduct points or disqualify.
- Ties:
 - o **Two-way tie:** Winner decided by majority vote.
 - o **Three-way tie:** All competitors repeat form until a clear winner.

Awards & Divisions

- Awards are presented to competitors placing 1st through 4th in each division.
- All Tiny Tigers (ages 3–4) receive special participation awards for their effort and spirit.
- Divisions with more than 12 competitors will be randomly split to ensure fair competition and efficient ring management.
- A minimum of three competitors is required to form a division.
- Grand Champion winners will receive special recognition or cash prizes as noted for their divisions.

Tiny Tigers Division (Non-Competitive)



A highlight event for our youngest martial artists!

Tiny Tigers perform their forms with an assistant instructor in the ring.

All receive a perfect score and a medal for participation; a great confidence builder for new students.

Grand Champion Divisions

Under Belts

- 10 & Under: Forms / Weapons
- 11–17: Forms / Weapons
- 18–39: Forms / Weapons
- 40+: Forms / Weapons

Junior Black Belts

- 10 & Under: Forms / Weapons
- 11–17: Forms / Weapons

Adult Black Belts

- 18–39 Men's & Women's: Forms / Weapons / Sparring
 - 40+ Men's & Women's: Forms / Weapons / Sparring
- (Cash prizes for adult black belt divisions; minimum 3 competitors to activate prize)*

Contact

Tournament Promoter:

Master Kenneth Everett

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