

0000

### PURE MIXED MARTIAL ARTS

## **MONTHLY TAP-IN**



### Adult BJJ Class Updates!

This month, we replaced Mikey's Tuesday 7:30pm Beginner's Gi class in Rockaway with a Fundamental NoGi class focusing on competition style training - and we have had great success with the class!

We hope to see you there soon!

Since the Wednesday 6:30pm NoGi class is so popular at HQ, we have decided to offer our FIRST Gi class in the Boonton location! This class will focus on the Fundamentals of training in the Gi, and will be a great change up to our Boonton schedule. Catch a class with Alex Zwick at 6:30pm on Wednesdays in Boonton beginning 10/22!





www.puremma.com



info@puremma.com



#### Kids BJJ Halloween Class 10/30

On Thursday, 10/30, Coach Dan invites our kids BJJ practitioners to bring a fun mask or wearable accessories (nothing sharp) to class! In addition to training, some Halloween fun will be in store!



#### Karate Tournament 11/9 @ HQ

The Pure Karate team will be hosting its annual Tournament in our Rockaway location on Sunday, November 9<sup>th</sup>.
There will be no regular scheduled classes!

# Save the Date: Grapplers Grand Prix 2 December 14th

We will be hosting our second inhouse Jiu Jitsu Tournament on Sunday, December 14<sup>th</sup>! Whether you are a seasoned competitor, or have been thinking about competing for the first time - what better time to do so than when you can be supported by your training partners and have home field advantage! Check out the link in our IG Bio for registration options!

#### ZenPlanner and Membership Updates

We are slowly transitioning to a fully paperless facility, and could use your help! **PLEASE** make sure you are signing in to classes when you come in each day. If you have any type of alert preventing you from signing in, it needs to be addressed ASAP with Ashley, Andy, or Mikey. There is also an App for our membership system, which enables you to make any changes to your account you may need - right on your phone!