October - December 2025

OCTOBER							NOVEMBER							DECEMBER						
NOTES:	MONDAY	TUESDAY	1 OPEN Regular Classes	2 FORMAL	3 TESTING HTA	4 Dodge- ball	SUNDAY NOTES:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY 1	SUNDAY	1 OPEN Regular Classes	2 OPEN Regular Classes		4 OPEN Regular		6. Testing Help Forms & Sparring
5	6 OPEN Regular Classes	7 OPEN Regular Classes	8 Day OPEN Regular Classes	9 OPEN Regular Classes	10 OPEN Regular Classes	11	ATA HIGH RANK WORKOU	Regular	4 OPEN Regular Classes	5 OPEN Regular Classes	6 OPEN Regular Classes	7 OPEN Regular Classes	8	7	8 OPEN Regular Classes	9 OPEN Regular Classes			12 TESTING	13
12 Instructor Training	OPEN Regular Classes	14 OPEN Regular Classes	15 OPEN Regular Classes	16 OPEN Regular Classes	17 OPEN Regular Classes	Women's Beyond Basics Self Defense	9	10 OPEN Regular Classes	OPEN Regular Classes	12 OPEN Regular Classes	13 OPEN Regular Classes	14 OPEN Regular Classes	15 Tourn Help Forms & Sparring	14	15 OPEN Regular Classes	16 OPEN Regular Classes		18 OPEN Regular Classes	19 OPEN Regular Classes	20
19	OPEN Regular Classes	OPEN Regular Classes	OPEN Regular Classes	OPEN Regular Classes	24 OPEN Regular Classes	25	16	17 OPEN Regular Classes	18 OPEN Regular Classes		20 OPEN Regular Classes		22 RNAMENT VAPOLIS	21	22 Adjusted Class Schedul	d Adjuste Class	HOL		26 Adjusted Class Schedule	27
26 HTA HIGH RANK WORKOUT	27 OPEN Regular Classes	OPEN Regular Classes	OPEN Regular	ES Trick 'r' Treat	31 OPEN Regular Classes		23 30	OPEN Regular Classes	25 OPEN Regular Classes	Adjusted Class Schedule		28 IDAY	29	28 HTA HIGH RANK WORKOUT	29 Adjusted Class Schedule	Člass	HOI	NOTES:	Adjusted Class Schedule	