## Discovery Martial Arts Schedule



## Scan here for more!





| The state of the s | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
|--|----------------------|--------------------|---|--------------------|-----------------------|--|
|  | ×                    | 4:45 PM<br>5:30 PM | x   | 4:45 PM<br>5:30 PM | ×                     | ×  |
|  | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| lil Ninjas Ages 2-5  | 3:45 PM<br>4:30 PM   | ×                  | 3:45 PM<br>4:30 PM                          | X                  |                       |  |
| Ages 6-9   | Beg. 5:15 PM         | Inter. 4:30 PM     | Beg. 5:15 PM                                | Inter. 4:30 PM     | 1 ×                   | ×  |
| Ages 10-17   | Beg. 6:45 PM         | Inter. 6:00 PM     | Beg. 6:45 PM                                | Inter. 6:00 PM     |                       |  |
| Beginners  | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| White Belt (Only)  | X                    | 6:00 PM            | X   | 6:00 PM            | Х                     | ×  |
| White, Yellow, Orange  | 4:30 PM<br>6:45 PM   | 4:30 PM<br>6:45 PM | 4:30 PM<br>6:45 PM                          | 4:30 PM<br>6:45 PM | ×                     | 10:00 AM   |
| Intermediates  | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| Green, Blue, Purple  | 5:15 PM              | 3:45 PM<br>6:45 PM | 5:15 PM                                     | 3:45 PM<br>6:45 PM | 6:00 PM<br>(Sparring) | 10:45 AM   |
| Advanced   | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| Brown, Red, Black  | ×                    | 5:15 PM<br>7:30 PM | 7:30 PM (TNT)                               | 5:15 PM<br>7:30 PM | 6:00 PM<br>(Sparring) | 8:00 AM  |
| Yoodanja   | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| Black Belts  | х                    | 7:30 PM            | х   | 7:30 PM            | 6:00 PM<br>(Sparring) | 8:00 AM  |
| Teen   | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| Martial<br>Arts  | 6:00 PM (Muay Thai)  | ×                  | 6:00 PM (Muay Thai)<br>6:45 PM (Combat)     | x                  | ×                     | 10:00 AM Escrima (FMA)<br>11:30 AM (Weapons Masters)                       |
| Adult  | Monday               | Tuesday            | Wednesday                                   | Thursday           | Friday                | Saturday   |
| Martial<br>Arts  | 7:30 PM (Kickboxing) | x                  | 6:45 PM (Taekwondo)<br>7:30 PM (Kickboxing) | 6:45 PM (Thai Fit) | ×                     | 8:00 AM (Thai Fit)<br>10:00 AM Escrima (FMA)<br>11:30 AM (Weapons Masters) |