



3 DAY TRAINING CAMP FT. CJ NICKOLAS **EVENT PACKET**

EVENT INFO

EVENT DATE: DECEMBER 28-30th, 2025 (SUNDAY, MONDAY, TUESDAY)

EVENT LOCATION: 17-12 Weirfield st Ridgewood, NY 11385

EVENT SIGN UP: www.ShowtimeMartialArts.com

CONTACT INFO

EVENT DIRECTOR: COACH HARPREET SINGH

EVENT MANAGER: COACH REZ CHOWDHURY

CONTACT

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EVENT DESCRIPTION/MISSION STATEMENT:

Showtime Martial Arts is hosting a 3 Day Training Camp led by world renown Olympian, CJ Nickolas. This event in its proximity to USA Team Trials and upcoming competitions will prove beneficial to all World Class Athletes. We are also adding a grassroots section for all color belts and athletes who want to dive into Olympic Taekwondo. The sessions will be divided in respective levels, Grassroot and World Class. We want to bring a high quality event right here in New York. The training camp will be held from Sunday December 28th to Tuesday December 30th. On day two we are hosting a rumble that is open to all levels. The Rumble will use a PSS system for athletes to be able to replicate a tournament setting. We want to create an opportunity for all our color belts and black belts to work with each other to help build their athletic career in Taekwondo and create a stronger future generation of Taekwondo athletes.

REGISTRATION DETAIL

All Athletes are required to register via our website

www.showtimemartialarts.com

Deadline for Registration: December 23rd, 2025

Pricing for Event PRIOR to event deadline:

WORLD CLASS 3 DAYS INCLUDING Rumble- \$200 (SUNDAY, MONDAY, TUESDAY)

WORLD CLASS 2 DAYS- \$150 (SUNDAY, TUESDAY) (must email for promocode if not attending the rumble to receive \$50 off)

GRASSROOTS 3 DAYS INCLUDING RUMBLE- \$170 (SUNDAY, MONDAY, TUESDAY)

GRASSROOTS 2 DAYS- \$120 (SUNDAY, TUESDAY)

GRASSROOTS 1 DAY \$80 (SUNDAY or TUESDAY)

Pricing for Event after Deadline increases by \$30 as late fee

Spectator Information

In order to keep an organized event there will be limited seating available. We will be collecting spectator fees at the door.

Price per Single Spectator: \$10

Price per family upto 5: \$20

Spectator fees for ALL coaches WAIVED

Method of Competition (RUMBLE)

Color Belt matches will consist of the best of 3 rounds of 1 min each in order to optimize the flow of the event and to ensure all athletes receive optimal ring time.

Black Belt matches will consist of best of 3 rounds of the current time limit

respective of their age division. (i.e cadets 1:00 min Junior 1:30 min and

Seniors 2:00 min)

The Showtime Rumble will be using all up to date rules and software

currently being used internationally by WT (World Taekwondo).

Equipment and Gear Required

On Training camp days December 28th and December 30th all athletes must wear/bring:

- 1) Taekwondo Pants
- 2) Athletic t-shirt
- 3) Full Sparring Gear (including groin cup and mouth piece)
- 4) Paddles/Shields
- 5) Hydration/Snacks/Lunch

On Rumble Day December 29th all athletes must bring the following:

- 1) Full Uniform (WHITE)
- 2) Forearm Guards
- 3) Shin Guards
- 4) Groin Cups
- 5) Daedo Electronic Socks
- 6) Mouth Piece

- 7) Hand Protectors (Gloves)

Please note that by not having any of the equipment that is mentioned above, will result in the athlete to not be able to participate in the event due to safety reasons.

SCHEDULE OF EVENTS

SUNDAY DECEMBER 28th

TIME	SCHEDULED EVENT
9:30 A.M	DOORS OPEN FOR CHECK IN
10:00 A.M	GRASSROOT SESSION- <i>INTRO TO SPORT TAEKWONDO</i>
11:30 AM	BREAK
12:00 P.M	WORLD CLASS <i>SESSION I</i>
2:00 P.M	BREAK
3:00 P.M	WORLD CLASS <i>SESSION II</i>

MONDAY DECEMBER 29th

TIME	SCHEDULED EVENT
10:00 A.M	DOORS OPEN FOR CHECK IN
10:30 A.M	TOURNAMENT PRE FIGHT PREP WITH CJ
11:30 P.M	RUMBLE- MATCHES START

TUESDAY DECEMBER 30th

TIME	SCHEDULED EVENT
9:30 A.M	DOORS OPEN FOR CHECK IN
10:00 A.M	GRASSROOT- <i>INTRO TO SPORT TAEKWONDO PART II</i>
12:00 P.M	WORLD CLASS <i>SESSION III</i>