



SHOWTIME MARTIAL ARTS

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Invitation to a Three-Day Elite Taekwondo Training Camp Led by CJ Nickolas

Dear Coaches/Parents/Athletes,

It is our privilege to invite you to participate in an exclusive three-day elite taekwondo training camp conducted by Olympian, CJ Nickolas. This distinguished camp offers taekwondo practitioners a rare opportunity to train under the guidance of a world-class athlete recognized for excellence in international competition.

This intensive camp is designed to elevate technical skill, tactical understanding, and overall performance through:

- Advanced instruction in Olympic Taekwondo sparring
- High-level training sessions emphasizing precision, speed, and strategy catered to both World Class and Grassroot levels
- In-depth discussions on competitive mindset, preparation, and discipline
- Individualized coaching and constructive performance feedback

We are also doing a rumble held on our second day, December 29th. This rumble will allow all athletes to run matches in their respective divisions on a PSS system. This is the best way to simulate competition days and translate training sessions into a live match. The rumble will also allow an opportunity for athletes to win MVP Scholarships based on performance during the event. This is open to all World Class and Grassroot athletes. Criteria and eligibility for MVP scholarships will be released soon and all candidates will be chosen by CJ Nickolas.

Program Details

Dates: December 28th-30th

Location: Showtime Martial Arts 17-12 Weirfield St. Ridgewood, NY 11385

Schedule: Refer to Event Packet

Eligibility: All levels and experience welcomed

This camp is ideal for taekwondo athletes who are committed to refining their techniques, strengthening their competitive edge, and gaining insight into the training standards upheld at the Olympic level. Participants will benefit greatly from the expertise, leadership, and experience that CJ Nickolas brings to the mats. This is a great way to get ready for USA Team Trials and other competitions.

Enrollment is limited to maintain a focused and high-quality training environment. Early registration is strongly encouraged.

For registration or additional information, please contact us via the contact details aforementioned and visit www.showtimemartialarts.com to secure your registration

We look forward to welcoming you to this exceptional training experience right here in New York during the holiday season!

Sincerely,

Coach Harpreet Singh

Head Coach @ Showtime Martial Arts

(917) 832-4112