

TAE COLE TKD DECEMBER 2025

SUNDAY
NINJA SKILLS

MONDAY
FORMS/KICKS

TUESDAY
SP & BASICS

WEDNESDAY
FORMS

THURSDAY
AGILITY / OBSTACLE

FRIDAY
FUN DAY

SATURDAY
SP/REVIEW



1
4:10pm Pee Wee
5pm Juniors
6pm Super Juniors
7pm Black Belts 90

2
5pm Juniors WT-HW (45)
5:45pm Juniors SP (45)
6:30 SJ WT-HW (45)
7:15 SJ SP (45)
8pm Teen and Adult

3
4:10pm Pee Wee
5pm JUNIOR WT/HW FEST
6:30 ALL JUNIORS (45)
7:15 ALL SJ SWO
8pm Teen & Adult I

4
5pm Juniors WT-HW(45)
6pm Juniors (45)
7pm SJ (1hr)
8pm Teen & Adults 1hr

5
4:10pm Pee Wee
5pm Juniors (55)
6pm Super Juniors (55)
7:30 Teen & Adult(1hr)

6
10am 3-6yr
**10:45am (45)
White & High white belts
SPARRING CLASS
11:30am Juniors 55min
12:30 SJ/Teen/Adults

8
10am Pee Wee Ninja Class
11-12pm 7yrs & Up (1hr)

8
4:10pm Pee Wee
5pm Juniors
6pm Super Juniors
7pm Black Belts 90

9
5pm Juniors WT-HW (45)
5:45pm Juniors SP (45)
6:30 SJ WT-HW (45)
7:15 SJ SP (45)
8pm Teen and Adult

10
4:10pm Pee Wee
5pm JUNIOR WT/HW FEST
6:30 ALL JUNIORS (45)
7:15 ALL SJ SWO
8pm Teen & Adult I

11
5pm Juniors WT-HW(45)
6pm Juniors (45)
7pm SJ (1hr)
8pm Teen & Adults 1hr

12
4:10pm Pee Wee
5pm Juniors (55)
6pm Super Juniors (55)
7:30 Teen & Adult(1hr)

13
BLACK BELTS CLASS
12PM Adv Red/ RBlack
1-3PM 1st Dan and up
6-8pm Holiday

14
10am Pee Wee Ninja Class
11-12pm 7yrs & Up (1hr)

BLACK BELT EXAM
4:45PM Kids
7:00PM Teens

16
5pm Juniors WT-HW (45)
5:45pm Juniors SP (45)
6:30 SJ WT-HW (45)
7:15 SJ SP (45)
8pm Teen and Adult

17
4:10pm Pee Wee
5pm JUNIOR WT/HW FEST
6:30 ALL JUNIORS (45)
7:15 ALL SJ SWO
8pm Teen & Adult I

18
5pm Juniors WT-HW(45)
6pm Juniors (45)
7pm SJ (1hr)
8pm Teen & Adults 1hr

19
4:10pm Pee Wee
5pm Juniors (55)
6pm Super Juniors (55)
7:30 Teen & Adult(1hr)

20
10AM Pee Wee
**10:45am (45)
White & High white belts
SPARRING CLASS
11:30am Juniors 55min
12:30 SJ/Teen/Adults

21
10am Pee Wee Ninja Class
11-12pm 7yrs & Up (1hr)

22
4:10pm Pee Wee
5pm Juniors
6pm All Super Juniors

23
5pm Juniors
6pm Super Juniors
7:30pm Teen and Adults

HAPPY HOLIDAY

HAPPY HOLIDAY



6
10AM Pee Wee
**10:45am (45)
White & High white belts
SPARRING CLASS
11:30am Juniors 55min
12:30 SJ/Teen/Adults

28
10am Pee Wee Ninja Class
11-12pm 7yrs & Up (1hr)

29
CAMP 9-3PM
4:10pm Pee Wee
5pm Juniors
6pm All Super Juniors

30
CAMP 9-3PM
5pm Juniors
6pm Super Juniors
7:30pm Teen & Adults

31
HAPPY NEW YEAR!

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516-739-7699

2026 SUMMER CAMP ENROLLMENT NOW OPEN!

taecoletkd.com