



Kent Island

222 Shopping Center Rd. Stevensville, MD 21666

Adult BJJ

Kids BJJ/Striking

Boxing & Kickboxing

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6-7am All-levels BJJ w/VJ	5-5:45pm Kids Striking w/Ryan Voss	6-7am All-levels BJJ w/VJ	5-5:45pm Kids BJJ w/Ryan Voss		9-10am Adult MMA w/Ryan Voss
	5-5:45pm Kids BJJ w/Gabe	6-7pm Adult MMA w/Ryan Voss	5-5:45pm Kids BJJ w/Gabe	6-7pm No-gi BJJ w/Dylan		10-11am No-gi BJJ w/VJ
	7-8pm All-levels BJJ w/VJ	7-8pm Adult MMA w/Ryan Voss	6-7pm Adult Boxing w/Rick			
			7:10--8:10pm All-levels BJJ w/VJ			