



# KID KICK SKILL SHEET

**FEBRUARY**

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# Word of the Month

## CREATIVITY

Creativity is how we make new things to share with the people around us! There are many forms of creativity. Art is creativity. Scientific inventions are creativity. Using your imagination, you can come up with many things to create.

Practice creativity in the following ways:

- Draw a picture of yourself doing your favorite martial arts move.
- Create a new piece of art using materials from around your house (just make sure you have permission to use the materials!).
- Think of a problem that you or someone you know faces. Try to create a solution.
- Think of a BIG problem in the world. If you had all the money and resources to invent a machine to fix the problem, what would it be and what would it do?

Student Name: \_\_\_\_\_

