



HOUSE OF DRAGONS

CLASS SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am						Bootcamp	
10am		Koi Fish				All Ages Muay Thai	
11:30am	Adult Muay Thai		Adult Muay Thai		Adult Muay Thai		
12:45pm	Homeschool Group				Homeschool Group		
4pm		Koi Fish			Tumbling & Acrobatics		Tiny Tumblers
5pm	Little Dragons	Young Warriors	Little Dragons	Young Warriors	Koi Fish (5:15pm)		Tumbling & Acrobatics
5:45pm	Young Warriors	Little Dragons	Young Warriors	Little Dragons	Young Warriors		
6:30pm	Karate Combat	Adult Muay Thai	Adult Boxing	Adult Muay Thai	Cardio Kickboxing		
7:30pm	Adult Boxing/MMA	Adult Muay Thai	Adult MMA	Adult Muay Thai			

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