



Delaware Open Martial Arts Championship

April 26, 2026

DoubleTree Hotel, 700 N. King St., Wilmington, DE 19801

Doors Open: **8:00 AM** | Black Belt Meeting: **9:00 AM** | Tournament Begins: **9:30 AM**

Notes:

- No refunds for missed divisions.
 - Divisions may be combined as needed.
 - Officials' decisions are final.
-

General Rules & Conduct

- Competitors must wear a clean, complete uniform (gi or team uniform) with belt properly tied.
 - No jewelry or watches. Long hair must be tied back.
 - Only judges, staff, and active competitors are allowed on the floor.
 - Competitors and coaches must show respect and sportsmanship at all times.
 - Failure to follow rules or display of poor conduct may result in disqualification.
-

Safety & Equipment

- All competitors must use approved protective gear.
 - **Required:** Headgear, mouth piece, gloves, kicks, and groin protector (men) .
 - **Face shields** are required for underbelt youth 12 & under.
 - **Chest protectors** are recommended for all youth divisions.
 - Equipment must be inspected before competition.
-

Fighting Divisions & Timing

- All matches: **1 minute & 30 seconds**
 - Double Elimination
 - **Under Belts under 12 years old :** First to 5 points wins
 - **Under Belts 13 years old and over:** First to 7 points wins
 - **Black Belts:** By time or mercy rule.
 - **Ties:** Sudden-death point wins
 - **Mercy Rule:** 10 point spread for Black belts (or 0 to 10 score).
-

Scoring

- Punch or body kick: **1 point**
- Kick to head: **2 points**
- Jumping or spinning head kick: **3 points**

Legal Target Areas: Head, face, ribs, chest, abdomen, and collarbone.

Illegal Targets: Back, neck, throat, groin, legs, knees, and spine.

Non-Target Areas: Hips, arms, shoulders, and feet.

Penalties & Disqualifications

Progression: Warning → Minus 1 point → Minus 2 points → Disqualification

Causes for Penalty or DQ:

- Illegal or uncontrolled techniques
- Striking after "Stop" command
- Leaving ring to avoid contact



- Excessive contact or recklessness
- Unsportsmanlike behavior from competitor, coach, or spectator
- Delay of time or refusing to fight

Injury Rule:

If a competitor cannot continue due to an opponent's illegal technique, the offending competitor is disqualified. If not caused by a foul, the uninjured competitor is awarded the match.

Coaching Guidelines

- One coach per competitor.
 - Coaches must stay in the designated coach's chair.
 - No abusive or excessive shouting.
 - Coaches may not enter the ring without permission.
 - Violations by coaches can result in penalties for their competitor.
-

Forms & Weapons Divisions

- Once a division begins (first competitor bows in), no late entries are allowed.
 - Under Belts may restart once after a mistake (no deduction).
 - Black Belts may not restart after a mistake.
 - All divisions scored 9.0–10.0 range.
 - Creative weapons and forms can use music.
 - Bladed weapons must be inspected by a judge. Sharp weapons cannot touch the floor.
 - If a competitor or weapon extends dangerously outside the ring boundary, judges may deduct points or disqualify.
 - Ties:
 - **Two-way tie:** Winner decided by majority vote.
 - **Three-way tie:** All competitors repeat form until a clear winner.
-

Awards & Divisions

- Awards are presented to competitors placing 1st through 4th in each division.
 - All Tiny Tigers (ages 3–4) receive special participation awards for their effort and spirit.
 - Divisions with more than 12 competitors will be randomly split to ensure fair competition and efficient ring management.
 - A minimum of three competitors is required to form a division.
 - Grand Champion winners will receive special recognition or cash prizes as noted for their divisions.
-

Tiny Tigers Division (Non-Competitive)

A highlight event for our youngest martial artists!

Tiny Tigers perform their forms with an assistant instructor in the ring.

All receive a perfect score and a medal for participation; a great confidence builder for new students.

Grand Champion Divisions

Under Belts

- 10 & Under: Forms / Weapons



- 11–17: Forms / Weapons
- 18–39: Forms / Weapons
- 40+: Forms / Weapons

Junior Black Belts

- 10 & Under: Forms / Weapons
- 11–17: Forms / Weapons

Adult Black Belts

- 18–39 Men's & Women's: Forms / Weapons / Sparring
- 40+ Men's & Women's: Forms / Weapons / Sparring

(Cash prizes for adult black belt divisions; minimum 3 competitors to activate prize)

Contact

Tournament Promoter:

Master Kenneth Everett

(302) 293-2185 | kenny@gojutrainingcenter.com