









SUMMER TRAINING SCHEDULE



ProBlackBeltAcademy.com

(469)481-2782

TEAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 White & Yellow Belts	4:15 - 4:45	3:30 - 4:00	4:00 - 4:30	3:30 - 4:00		9:00 - 9:30
 Gold - Green Belts		4:00 - 4:30	4:00 - 4:30	3:30 - 4:00	3:30 - 4:00	9:00 - 9:30
 Advanced		4:30 - 5:00	3:30 - 4:00	4:45 - 5:15	3:30 - 4:00	9:00 - 9:30
 White & Yellow Belts	3:30 - 4:15	5:00 - 5:45		6:00 - 6:45	4:00 - 4:45	9:30 - 10:15
 Green Belts	4:45 - 5:30		6:00 - 6:45	5:15 - 6:00	4:45 - 5:30	10:15 - 11:00
 Blue Belts		6:30 - 7:15	5:15 - 6:00	5:15 - 6:00	6:15 - 7:00	10:15 - 11:00
 Red & Brown Belts	5:30 - 6:15		4:30 - 5:15	4:00 - 4:45	5:30 - 6:15	11:00 - 11:45
 Adult & Teen Ages 13+	6:15 - 7:00	5:45 - 6:30	4:30 - 5:15	6:45 - 7:30		11:00 - 11:45
Adult & Teen Ages 13+	7:00 - 7:45	7:15 - 8:00	6:45 - 7:30	7:30 - 8:15	7:00 - 7:45	

*Schedule subject to change.

Red Warriors:

\$179/month + \$179 Registration Fee (uniform & belt)

Gladiators & Teen/Adult:

\$199/month + \$199 Registration Fee (uniform, belt, boxing gloves, & cinch bag)

For any additional questions: Please email info@problackbeltacademy.com