

HOUSE OF DRAGONS

CLASS SCHEDULE



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am		Koi Fish					
11:30am	Adult Muay Thai		Adult Muay Thai		Adult Muay Thai		
12:45pm *open to ages (7-12) during summer*	Homeschool Group				Homeschool Group		
4pm		Koi Fish			Tumbling Acrobatics		
5pm	Little Dragons	Young Warriors	Little Dragons	Young Warriors	Koi Fish (5:15pm)		Tumbling Acrobatics
5:45pm	Young Warriors	Little Dragons	Young Warriors	Little Dragons	Little Dragons		
6:30pm	Karate Combat	Adult Muay Thai	Adult Boxing	Adult Muay Thai	Young Warriors		
7:30pm	Adult MMA	Adult MT/ Sparring	Adult MMA	Adult Muay Thai	Adult MMA		

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