

Ultimate Martial Arts

KRAVMAGATKD.COM

Last Revised: May 2026

847.679.3330

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 AM	<p>NOTES</p> <ol style="list-style-type: none"> Members enrolled must attend classes designated for their age and belt colors or level. Krav Maga classes are approximately 50-60 minutes, unless otherwise noted. Tiny, Little, Junior, Senior classes are 45-50 minutes, unless otherwise noted. Black Belt classes are approximately 60-75 minutes, unless otherwise noted. Class sizes are limited – please arrive 5-10 minutes early. Students who are more than 15 minutes late to their training period will not be permitted to join that class. World Taekwondo approved sparring gear – which includes headgear, mouth piece, groin protector, forearm guard, shin & instep guard, chest guard – are all required for sparring classes. <p>WARRIOR CLASS AGE GROUPS</p> <p>Tiny Warriors, Ages: 4-6</p> <p>Little Warriors, Ages: 6-10</p> <p>Junior Warriors, Ages: 10-13</p> <p>Senior Warriors, Ages: 14+</p>				Tiny & Little Warriors (White-Yellow) RM. 1 & 2	Tiny & Little Warriors (White-Yellow) RM. 1 & 2
9:45 AM					Tiny & Little Warriors (Orange-Purple) RM. 1 & 2	Tiny & Little Warriors (Orange-Hi Red) RM. 1 & 2
10:30 AM					Tiny & Little Warriors (Blue-Hi Red) RM. 3	Junior Warriors (White-Green) RM. 1 & 2
11:15 AM					Krav Maga Lv. 1 RM. 1 & 2	
12:00 PM					Junior Warriors (White-Hi Red) RM. 1 & 2	All Rec. Black Belts RM. 3
					All Black Belts RM. 1 & 2	
4:00 PM	Tiny Warriors (Orange-Blue) RM. 1	Tiny Warriors (White-Yellow) RM. 1	Tiny Warriors (Orange-Blue) RM. 1	Tiny Warriors (White-Yellow) RM. 1		
4:45 PM	Little Warriors (White-Yellow) RM. 1	Tiny & Little Warriors (Hi Blue-Hi Red) RM. 1 & 2	Little Warriors (White-Yellow) RM. 1	Tiny & Little Warriors (Hi Blue-Hi Red) RM. 1 & 2		
5:30 PM	Little Warriors (Orange-Blue) RM. 1 & 2	Junior Warrior (White-Green) RM. 1	Little Warriors (Orange-Blue) RM. 1 & 2	COMBINED Junior Warriors (White-Green) Senior Warriors RM. 1		
6:15 PM	Junior Warriors (Purple-Hi Red) RM. 1 & 2	All Rec. Black Belt RM. 3	Junior Warriors (Purple-Hi Red) RM. 3		Black & Rec. Black Sparring Drills RM. 1 & 2	
7:15 PM		Senior Warriors HYBRID RM. 3	Krav Maga Lv. 1 RM. 1 & 2			