



# HOUSE OF DRAGONS

## CLASS SCHEDULE

| Time           | Monday           | Tuesday            | Wednesday       | Thursday        | Friday            | Saturday | Sunday              |
|----------------|------------------|--------------------|-----------------|-----------------|-------------------|----------|---------------------|
| <b>10am</b>    |                  | Koi Fish           |                 |                 |                   |          |                     |
| <b>11:30am</b> | Adult Muay Thai  |                    | Adult Muay Thai |                 | Adult Muay Thai   |          |                     |
| <b>12:45pm</b> | Homeschool Group |                    |                 |                 | Homeschool Group  |          |                     |
| <b>4pm</b>     |                  | Koi Fish           |                 |                 |                   |          |                     |
| <b>4:30 PM</b> |                  | Koi Fish           |                 |                 | Koi Fish          |          |                     |
| <b>5pm</b>     | Little Dragons   | Young Warriors     | Little Dragons  | Young Warriors  | Koi Fish (5:15pm) |          | Tumbling Acrobatics |
| <b>5:45pm</b>  | Young Warriors   | Little Dragons     | Young Warriors  | Little Dragons  | Little Dragons    |          |                     |
| <b>6:30pm</b>  | Karate Combat    | Adult Muay Thai    | Adult Boxing    | Adult Muay Thai | Young Warriors    |          |                     |
| <b>7:30pm</b>  | Adult MMA        | Adult MT/ Sparring | Adult MMA       | Adult Muay Thai | Adult MMA         |          |                     |

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