

VALLEY RANCH TAEKWONDO

MONDAY

4:45pm Blue, Brown, & Red Belts Ages 10 & Younger
5:30pm White & Yellow Belts Ages 10 & Younger
6:00pm Orange Belts Ages 10 & Younger
6:30pm Green & Purple Belts Ages 10 & Younger
7:15pm All Black Belts
8:00pm Teens & Adults

TUESDAY

4:45pm Orange Belts Ages 10 & Younger
5:15pm Green & Purple Belts Ages 10 & Younger
6:00pm Little Dragons
6:30pm White & Yellow Belts Ages 10 & Younger
7:00pm Blue, Brown, & Red Belts Ages 10 & Younger
7:00pm Family Class
7:00pm Teens & Adults
7:45pm All Black Belts (1 hour)

WEDNESDAY

5:00pm Orange Belts Ages 10 & Younger
5:30pm White & Yellow Belts Ages 10 & Younger
6:00pm Little Dragons
6:30pm Green & Purple Belts Ages 10 & Younger
6:30pm Blue, Brown, & Red Belts Ages 10 & Younger
7:15pm All Black Belts
8:00pm Teens & Adults

THURSDAY

4:45pm White & Yellow Belts Ages 10 & Younger
5:15pm Green & Purple Belts Ages 10 & Younger
6:00pm Little Dragons
6:30pm Orange Belts Ages 10 & Younger
7:00pm Family Class
7:00pm Teens & Adults
7:45pm Blue, Brown, & Red Belts Ages 10 & Younger
7:45pm All Black Belts (1 hour)

CLASS SCHEDULE

GOALS

-Attend 2 classes/week

-Log attendance in the app every class

NOTES

-Juniors Classes are up to age 10

-Teen & Adult classes are White through Senior Red belts ages 11+

-Family classes are open to White through Senior Red belts but MUST be attended by 2+ members of the same family

-Effective 8/12/2026