



JACKSON AVENUE TAEKOLE TKD KARATE MORNING CLASS



Class Goal: Students will learn basic self-defense techniques in fun classes taught by professional Tae Kwon Do instructors. Build your child's confidence in a safe and friendly environment!

Thursday Class Dates: (11) September 24th. October 1st, 8th, 15th, and 29th. November 5th, 12th, and 19th. December 3rd, 10th, and 17th. Classes will begin at 7:35am - 8:35am.

Class sessions will cover:

- Overall health, fitness, and nutrition concept
- Effective bully prevention and avoidance
- Improved focus and discipline
- Increased self-esteem and confidence



Cost: \$240 + one time uniform * purchase of \$50 **Payments:** Checks payable to Taecoletkd or ZELLE: 516-554-2214

Uniforms are required; new students should wear comfortable gym clothing for the first session.

Please call us at 516-739-7699 with any questions.
For more information, visit taecoletkd.com or [TaecoletkdKarate](https://www.facebook.com/TaecoletkdKarate)



(KINDLY PRINT ALL INFORMATION LISTED BELOW)

----- Tear here and return to PTA by September 24th -----

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Parent's Name: _____ Parent's Phone # _____

Child's Name: _____ Email: _____

Child's Grade: _____ Child's Teacher Name: _____

List an ALTERNATIVE emergency contact in case you are unable to be reached

Emergency Contact: _____ Phone # _____

