



MEADOW DRIVE **IS PROUD TO PRESENT** **TAE COLE TKD KARATE**

Class Goals: Students will learn basic self-defense techniques in fun classes taught by professional Tae Kwon Do instructors. Build your child's confidence in a safe and friendly environment!

Monday Class Dates: (12) Sept 28th, Oct 5th, 19th, and 26th. Nov 2nd, 9th, 16th, 23rd, and 30th. Dec 7th, 14th, and 21st. Pick up will be at the Flag Pole entrance.

Time: Classes will begin at 2:50pm - 3:50pm.

Class sessions will cover:

- Overall health, fitness, and nutrition concept
- Effective bully prevention and avoidance
- Improved focus and discipline
- Increased self-esteem and confidence

Cost: \$240 + one time uniform* purchase of \$50 **Payments:** Checks payable to Taecolet.

Uniforms are required; new students should wear comfortable gym clothing for the first session.

Please call us at 516-739-7699 with any questions.

For more information, visit taecoletkd.com or Taecoletkdkarate



(KINDLY PRINT ALL INFORMATION LISTED BELOW)

return the slip to the front office by the morning of September 28th.

----- Tear here and return to FRONT OFFICE -----

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Parent's Name: _____ Parent's Phone # _____

Child's Name: _____ Email: _____

Child's Grade: _____ Child's Teacher Name: _____

List an ALTERNATIVE emergency contact in case you are unable to be reached

Emergency Contact: _____ Phone # _____

