



MANSFIELD CLASS SCHEDULE

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EFFECTIVE 9/1/2026

www.excelkarate.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY (AM)
By request Private Sessions By request only	8:30-9:30 AM Adult AM Class All ranks	4:30-5:00 PM Beginners Ages 3-6 (Little Ninjas)	4:30-5:00 PM Beginners Ages 3-6 (Little Ninjas)	8:30-9:30 AM Adult Class All ranks	9:00-9:45 AM Beginners Class White-Yellow Belt
6:00-7:00 PM Tai Chi Adult class	4:30-5:00 PM Beginners Ages 3-6 (Little Ninjas)	5:00-5:45 PM Beginners Class White-Yellow Belt	5:00-5:45 PM Beginners Class White-Yellow Belt	10:00-11:00 AM Tai Chi Adult class	9:45-10:30 AM Intermediate Class Orange-Blue Belt
	5:00-5:45 PM Beginners Class White-Yellow Belt	5:45-6:30 PM Intermediate Class Orange-Blue Belt	5:45-6:30 PM Intermediate Class Orange-Blue Belt	By request Private Sessions By request only	10:30-11:15 AM Advanced Class Green-Int. Brown Belt
	5:45-6:30 PM Intermediate Class Orange-Blue Belt	6:30-7:15 PM Advanced Class Green-Int. Brown Belt	6:30-7:15 PM Advanced Class Green Belt & higher		11:15-12:00 PM Adult Class (All Ranks) Youth: Adv. Brown Belt
	6:30-7:15 PM Advanced Class Green Belt & higher		6:30-7:15 PM Adult Class All ranks		
	7:15-8:15 PM Adult Class All ranks		7:15-8:15 PM Adv. Black Belt 2nd Degree & higher		



OUR WEBSITE
& CLASS INFO

WHO Orange Ages 3-6 Green Youth belt classes Red Adult Grey Adult & youth together

PROGRAMS

Tai Chi

Private Sessions



REGISTER
ONLINE