

HOUSE OF DRAGONS

CLASS SCHEDULE



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
10am	Adult Kickboxing	Koi Fish			Adult Kickboxing	
11:30am	Adult Muay Thai		Adult Muay Thai		Adult Muay Thai	
12:45pm	Homeschool Group				Homeschool Group	
4pm		Koi Fish				
4:30pm		Koi Fish				
5pm	Little Dragons	Young Warriors	Little Dragons	Young Warriors	Koi Fish (5:15pm)	Tumbling Acrobatics
5:45pm	Young Warriors	Little Dragons	Young Warriors	Little Dragons	Koi Fish	
6:30pm	Karate Combat	Adult Muay Thai	Adult Boxing	Adult Muay Thai	Young Warriors	
7:30pm	Adult MMA	Adult MT/ Sparring	Adult MMA	Adult Muay Thai	Adult MMA	

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