

○ EVOLVE / LUCAS LEITE BJJ CLASS SCHEDULE

MON	TUES	WED	THURS	FRI	SAT	SUN
FIGHT IT OFF 6:00-7:00 am	MUAY THAI (Coach Alex) 6:00 – 7:00 am	FIGHT IT OFF 6:00-7:00 am	MUAY THAI (coach Alex) 6:00- 7:00 AM	FIGHT IT OFF 6:00-7:00 am	FIGHT IT OFF 6:30-7:30 am	Muay Thai 9:00-10:00 am
					ADULT MUAY THAI 11:30-12:30p m	Muay Thai 9:00-10:00 am
	PRE - KARATE AGES 4-6 4:00-4:30 pm		PRE - KARATE AGES 4-6 4:00-4:30 pm		No Gi Jiu Jitsu 12:30-2:00 pm	Muay Thai 9:00-10:00 am
JR. JIU JITSU AGES 7-13 5:00 -6:00 pm	JR. KENPO KARATE AGES 7-12 4:00-4:30 pm	JR. JIU JITSU AGES 6-13 5:00-6:00 pm	JR MUAY THAI AGES 7-15 4:30-5:30 pm	JR. JIU JITSU AGES 7-13 5:00-6:00 pm		Muay Thai 9:00-10:00 am

ADULT JIU JITSU FUNDAMENT ALS 6:30-7:30 pm	ADULT JIU JITSU FUNDAMENTA L 6:00-7:00 PM	MUAY THAI BOXING 7:00-8:00 PM	JR JIU JITSU FUNDAMENT AL AGES 5-8 5:30 -6:15			Muay Thai 9:00-10:00 am
ADULT OPEN KENPO 7:30-8:30pm	ADV COMP JIU JITSU 7:00- 8:30 PM		ADULT JIU JITSU 6:30 -8:00 PM			Muay Thai 9:00-10:00 am

714-848-6464

Todd@evolvemartialartsoc.com